



Creating Magic through Leadership

Refocusing, Recalibrating & Reframing

Dr. Bobby Nijjar, EdD RD

Session I – Oct 06 from 1:30 to 3:30

1. What generally excites you?
 - a. Developing and living your Personal Mission Statement
 - b. Developing a Department/Program Aim Statement

Session II – Oct 20 from 1:30 to 3:30

2. How do you effectively work with people?
 - a. Self-Awareness
 - i. Communication Styles
 - ii. Motivational drives
 - iii. Conflict management
 - b. Interacting with challenging people

Session III – Nov 03 from 1:30 to 3:30

3. Leadership & Successful Team Building
 - a. What is leadership?
 - b. Habits of successful people
 - c. Uniting your team

Session IV – Nov 17 from 1:30 to 3:30

4. What is performance excellence?
 - a. Five components
 - b. Stages of Change Theory
 - c. Motivational Interviewing
 - d. Impact of work spaces on people

Biography

Dr. Nijjar is passionate about working with individuals, groups and/or organizations to help them maximize their potential. Towards this he has developed a deeply researched workshop that is fun, exciting, interactive, hands-on, and participants see results immediately.

During this workshop he coaches participants to arrive at their own customized leadership/personal mission statements which help them better connect to their current position and organization for increased work and life satisfaction. The participants leave with an ability to share the tools used/learned with others to benefit them the same way.

To carry out this passion of his, he brings a doctorate in leadership and policy development from the University of British Columbia, Canada. He has over a decades worth of experience in leadership development and development of high functioning teams.