

**Nicholls State University**  
**Department of Allied Health Sciences**  
**Degree in Health Sciences Nutrition and Food Services**  
**2019-2020**

**Student:** \_\_\_\_\_ **N Number:** \_\_\_\_\_

FRESHMAN YEAR (29 Hours)	<i>Fall Semester (15hrs)</i>		<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Year/ Semester</u>	<u>Course Sub / Suggested</u>
	BIOL 114	Human Anat & Physiology I (GER)	Non-developmental placement.	3-3-0			
	BIOL 115	Human Anat & Physiology I Lab	BIOL 114	1-1-0			
	ENGL 101	English Composition I (GER)	ACT score of 18 or better in English, or C or better in ENGL 003, or S on placement test	3-3-0			
	Humanities Elective+ (GER):		ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary	3-3-0			
	MATH 101	College Algebra	"C" in Math 003 or "S" on placement test.	3-3-0			
	UNIV 101	University Prep (UR)	First time entering freshmen and transfer students < 30 hours.	1-0-3			
	CULA 105	Sanitation and Food Service		1-1-0			
	<i>Spring Semester (14hrs)</i>						
BIOL 116	Human Anat & Physiology II (GER)	BIOL 114 and 115.	3-3-0				
BIOL 117	Human Anat & Physiology II Lab	BIOL 116	1-1-0				
ENGL 102	English Composition II (GER)	English 101 ("C" or better for graduation)	3-3-0				
DIET 111	Food and Nutrition	Eligibility for ENGL 101 and Math 101 or higher	3-3-0				
PSYC 101	General Psychology (GER)	Eligibility for enrollment in ENGL 101 or higher.	3-3-0				
DIET 112	Food and Nutrition Lab		1-0-3				

SOPHOMORE YEAR (30 Hours)	<i>Fall Semester (14hrs)</i>		<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Year/ Semester</u>	<u>Course Sub / Suggested</u>
	CHEM 105	Intro Chemistry I (GER)	MATH 101	3-3-0			
	MATH 102	Trigonometry	"C" or better in Math 100 or 101	3-3-0			
	SPCH 101	Fundamentals of Public Speaking	English 101 or higher	3-3-0			
	DIET 200	Applied Nutrition	Completion of 30 hrs non-remedial, C or better in ENGL 101 and non-remedial math	3-3-0			
	DIET 201	Applied Nutrition Lab		1-0-3			
	AHSC 200	Intro to Health Professions		1-1-0			
	<i>Spring Semester (17hrs)</i>						
	PSYC 212	Lifespan Psyc (GER):	PSYC 101	3-3-0			
Computer Literacy Elective(s) (CLR)		C or better in Math 101 or 117	2-2-0				
Humanities Elective+ (GER):		ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary	3-0-0				
Humanities Elective+ (GER):		ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary	3-3-0				
DIET 264	Food Science	C or better in DIET 112	3-2-3				
PSYC 208 or MATH 214	Statistics	PSYC: C or better in MATH 101 Math: C or better in MATH 100, 101, 115, 116, or 117	3-3-0				

**Humanities Elective+ - No more than 6 hours in one discipline.**

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		<i>Fall Semester (15 hrs)</i>	<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Year/ Semester</u>	<u>Course Sub / Suggested</u>	
<b>JUNIOR YEAR</b>	<b>(30 Hours)</b>	DIET 305 Nutrition through the Lifecycle	Math 101 or Math 117	3-3-0				
		Fine Arts Elective (GER):	ART or MUS	3-3-0				
		Approved Elective:		3-3-0				
		Approved Elective:		3-3-0				
		Approved Elective:		3-3-0				
	<b><i>Spring Semester (15 hrs)</i></b>							
			DIET 301 Institutional Planning and Purchasing		3-3-0			
			ENGL Technical Writing Elective (GER)	"C" in English 102	3-3-0			
			DIET 316 Organization and Management		3-3-0			
			NURS 312 Medical Terminology		3-3-0			
		Approved Elective:		3-3-0				
		<i>Fall Semester (15 hrs)</i>	<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Year/ Semester</u>	<u>Course Sub / Suggested</u>	
<b>SENIOR YEAR</b>	<b>(31 Hours)</b>	AHSC 404 Research in Health Sciences	Completion of 60 hrs. of Non-Developmental coursework	3-3-0				
		AHSC 440 Integrated Health Prof Practice I	Completion of 60 hrs. of Non-Developmental coursework	3-3-0				
		DIET 404 Quantity Food Production		3-2-3				
		Approved Elective:		3-3-0				
		Approved Elective:		3-3-0				
	<b><i>Spring Semester (15hrs)</i></b>							
			AHSC 442 Integrated Health Prof Practice II	Completion of 60 hrs. of Non-Developmental coursework	3-3-0			
			AHSC 450 Contemporary Healthcare Issues	Junior standing	3-3-0			
			Approved Elective:		3-3-0			
			Approved Elective:		3-3-0			
		Approved Elective:	Senior Standing	3-3-0				

**Total Hours for Degree                      120**

**Approved 300+ Electives:**

- AHSC 408 (3), 425 (3), 426 (1)
- COMD 350 (3)
- CULA 401 (3)
- DIET 330 (3)
- MKTG 300 (3)
- NURS 315 (3)
- PSYC 313 (3)
- SPAN 335 (3), 336 (3)
- SOCI 325 (3)