

Nicholls State University
Department of Allied Health Sciences
Degree in Health Sciences Nutrition and Food Services
2020-2021

Student: _____ **N Number:** _____

| FRESHMAN YEAR (29 Hours) | <i>Fall Semester (14hrs)</i> | | <u>Prerequisite Information</u> | <u>Hours</u> | <u>Grade</u> | <u>Year/ Semester</u> | <u>Course Sub / Suggested</u> |
|--------------------------|----------------------------------|---|---|--------------|--------------|---------------------------|-------------------------------|
| | BIOL 114 | Human Anat & Physiology I (GER) | Non-developmental placement. | 3-3-0 | | | |
| | BIOL 115 | Human Anat & Physiology I Lab | BIOL 114 | 1-1-0 | | | |
| | ENGL 101 | English Composition I (GER) | ACT score of 18 or better in English, or C or better in ENGL 003, or S on placement test | 3-3-0 | | | |
| | Humanities Elective+ (GER): | | ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary | 3-3-0 | | | |
| | MATH 101 | College Algebra | "C" in Math 003 or "S" on placement test. | 3-3-0 | | | |
| | UNIV 101 | University Prep (UR) | First time entering freshmen and transfer students < 30 hours. | 1-0-3 | | | |
| | <i>Spring Semester (15hrs)</i> | | | | | | |
| BIOL 116 | Human Anat & Physiology II (GER) | BIOL 114 and 115. | 3-3-0 | | | | |
| BIOL 117 | Human Anat & Physiology II Lab | BIOL 116 | 1-1-0 | | | | |
| ENGL 102 | English Composition II (GER) | English 101 ("C" or better for graduation) | 3-3-0 | | | | |
| DIET 111 | Introductory Foods | Eligibility for ENGL 101 and Math 101 or higher | 3-3-0 | | | | |
| PSYC 101 | General Psychology (GER) | Eligibility for enrollment in ENGL 101 or higher. | 3-3-0 | | | | |
| DIET 113 | Introductory Foods Lab | | 2-1-3 | | | | |

| SOPHOMORE YEAR (30 Hours) | <i>Fall Semester (14hrs)</i> | | <u>Prerequisite Information</u> | <u>Hours</u> | <u>Grade</u> | <u>Year/ Semester</u> | <u>Course Sub / Suggested</u> |
|-------------------------------------|---------------------------------|---|--|--------------|--------------|---------------------------|-------------------------------|
| | Physical Science Elective (GER) | | MATH 101 | 3-3-0 | | | |
| | MATH Elective (GER) | | | 3-3-0 | | | |
| | SPCH 101 | Fundamentals of Public Speaking | English 101 or higher | 3-3-0 | | | |
| | DIET 200 | Applied Nutrition | Completion of 30 hrs non-remedial, C or better in ENGL 101 and non-remedial math | 3-3-0 | | | |
| | DIET 201 | Applied Nutrition Lab | | 1-0-3 | | | |
| | AHSC 200 | Intro to Health Professions | | 1-1-0 | | | |
| | <i>Spring Semester (17hrs)</i> | | | | | | |
| Social Science Elective (GER): | | PSYC 101 | 3-3-0 | | | | |
| Computer Literacy Elective(s) (CLR) | | C or better in Math 101 or 117 | 2-2-0 | | | | |
| Humanities Elective+ (GER): | | ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary | 3-0-0 | | | | |
| Humanities Elective+ (GER): | | ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary | 3-3-0 | | | | |
| DIET 264 | Food Science | C or better in DIET 112 | 3-2-3 | | | | |
| PSYC 208 or MATH 214 Statistics | | PSYC: C or better in MATH 101 Math: C or better in MATH 100, 101, 115, 116, or 117 | 3-3-0 | | | | |

Humanities Elective+ - No more than 6 hours in one discipline.
All courses require a C or better for progress towards degree.

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| | | <i>Fall Semester (15 hrs)</i> | <u>Prerequisite Information</u> | <u>Hours</u> | <u>Grade</u> | <u>Year/ Semester</u> | <u>Course Sub / Suggested</u> | |
|-------------------------------|---------------------------------|--|---|--------------|--------------|---------------------------|-------------------------------|--|
| JUNIOR YEAR (30 Hours) | | DIET 305 Nutrition through the Lifecycle | Math 101 or Math 117 | 3-3-0 | | | | |
| | | Fine Arts Elective (GER): | ART or MUS | 3-3-0 | | | | |
| | | Approved Elective: | | 3-3-0 | | | | |
| | | Approved Elective: | | 3-3-0 | | | | |
| | | Approved Elective: | | 3-3-0 | | | | |
| | <i>Spring Semester (15 hrs)</i> | | | | | | | |
| | | DIET 301 Institutional Planning and Purchasing | | 3-3-0 | | | | |
| | | ENGL Technical Writing Elective (GER) | "C" in English 102 | 3-3-0 | | | | |
| | | DIET 316 Organization and Management | | 3-3-0 | | | | |
| | | NURS 312 Medical Terminology | | 3-3-0 | | | | |
| | Approved Elective: | | 3-3-0 | | | | | |
| SENIOR YEAR (31 Hours) | | <i>Fall Semester (15 hrs)</i> | <u>Prerequisite Information</u> | <u>Hours</u> | <u>Grade</u> | <u>Year/ Semester</u> | <u>Course Sub / Suggested</u> | |
| | | AHSC 408 Medical Conditions | Completion of 60 hrs. of Non-Developmental coursework | 3-3-0 | | | | |
| | | AHSC 440 Survey of the US Healthcare System | Completion of 60 hrs. of Non-Developmental coursework | 3-3-0 | | | | |
| | | DIET 404 Quantity Food Production | | 3-2-3 | | | | |
| | | Approved Elective: | | 3-3-0 | | | | |
| | | Approved Elective: | | 3-3-0 | | | | |
| | <i>Spring Semester (15hrs)</i> | | | | | | | |
| | | Approved Elective: | | 3-3-0 | | | | |
| | | AHSC 450 Professional Standards & Values | Junior standing | 3-3-0 | | | | |
| | | Approved Elective: | | 3-3-0 | | | | |
| | Approved Elective: | | 3-3-0 | | | | | |
| | Approved Elective: | Senior Standing | 3-3-0 | | | | | |

Total Hours for Degree **120**

Approved 300+ Electives:

- AHSC 404 (3), 425 (3), 426 (1)
- COMD 350 (3)
- CULA 401 (3)
- DIET 330 (3)
- MKTG 300 (3)
- NURS 315 (3)
- PSYC 301(3), 313 (3)
- SPAN 335 (3), 336 (3)
- SOCI 325 (3)