

## Academic Advising Sheet: BACHELOR OF SCIENCE DEGREE IN HEALTH SCIENCES HEALTH & WELLNESS

2023-2024 Catalog

Name:	ID#:	Phone #:

	Fall Semester (14hrs)	Prerequisite Information	Hours	<u>Grade</u>	Year/ Semester	Course Sub / Suggested
	BIOL 114 Human Anat & Physiology I (GER)	Non-developmental placement.	3-3-0			
	BIOL 115 Human Anat & Physiology I Lab	BIOL 114	1-1-0			
Hours)	ENGL 101 English Composition I (GER)	ACT score of 18 or better in English; C or better in ENGL 003, or S on placement test.	3-3-0			
29 Hc	Humanities Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Lang., etc. Refer to catalog for current list.	3-3-0			
(2)	MATH 101 College Algebra (GER)	"C" in Math 003 or "S" on placement test.	3-3-0			
YEAR	UNIV 101 University Prep (UR)	First time entering freshmen and transfer students < 30 hours.	1-0-3			
Spring Semester (15hrs)						
Σ	BIOL 116 Human Anat & Physiology II (GER)	BIOL 114 and 115	3-3-0			
SHM,	BIOL 117 Human Anat & Physiology II Lab	BIOL 116	1-1-0			
FRE	ENGL 102 English Composition II (GER)	English 101 ("C" or better for graduation)	3-3-0			
	PSYC 101 General Psychology (GER)	Eligibility for ENGL 101 or higher	3-3-0			
	Computer Literacy Elective(s) (CLR)	C or better in Math 101 or 117	2-2-0			
	Free Elective		3-3-0			

	Fall Semester (15hrs)	Prerequisite Information	Hours	<u>Grade</u>	Year/ Semester	Course Sub / Suggested	
	Physical Science Elective (GER)	CHEM 105, CHEM 109 or PHYS 151	3-3-0				
rs)	MATH Elective (GER)		3-3-0				
Hours)	SPCH 101 Fundamentals of Public Speaking (UR)	English 101 or higher	3-3-0				
R (30 F	DIET 200 Applied Nutrition	Completion of 30 hrs non-remedial, C or better in ENGL 101 and non-remedial math	3-3-0				
EAI	DIET 211 Nutrition and Health Education		2-2-0				
ΕY	AHSC 200 Intro to Health Professions		1-1-0				
ORE	Spring Semester (15hrs)						
Σ	Social Science Elective (GER)	PSYC 101	3-3-0				
OPHOM	ATTR 210 Health, Prevention & Emergency Care		3-3-0				
SO	Humanities Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Lang., etc. Refer to catalog for current list.	3-3-0				
	Humanities Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Lang., etc. Refer to catalog for current list.	3-3-0				
	Free Elective		3-3-0				

Humanities Elective+ - No more than 6 hours in one discipline. ALL classes require a C or better for credit towards graduation.



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## **HEALTH & WELLNESS**

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	Fall Semester (16 hrs)	Prerequisite Information	Hours	<u>Grade</u>	<u>Year/</u> Semester	Course Sub / Suggested
	DIET 305 Nutrition through the Lifecycle	Math 101 or Math 117	3-3-0			
(S	Fine Arts Elective (GER)	ART or MUS	3-3-0			
Hours)			3-3-0			
31 H	Concentration Elective (7 hours)		2-2-0			
_			2-2-0			
YEAR	HPED 360 Exercise Physiology		3-3-0			
	Spring Semester (15 hrs)	T	1	1	I	
OR	Free Elective		3-3-0			
IUNIOR	ENGL Technical Writing Elective (GER)	"C" in English 102	3-3-0			
=	NURS 312 Medical Terminology		3-3-0			
	Approved Elective		3-3-0			
	Approved Elective		3-3-0			
	Fall Semester (15 hrs)	Prerequisite Information	Hours	<u>Grade</u>	Year/ Semester	Course Sub / Suggested
	AHSC 408 Medical Conditions	C or better in BIOL 116.	3-3-0			
(S.	AHSC 440 Survey of the US Healthcare System	Completion of 60 hrs. of Non- Developmental coursework	3-3-0			
Hours)	Approved Elective		3-3-0			
(30			3-3-0			
8	Free Elective		3-3-0			
YEAR	Spring Semester (15hrs)					
S.	AHSC 410 Clinical Human Performance	C or better in HPED 360.	3-3-0			
SENIOR	AHSC 450 Professional Values and Standards in Health Sciences	Junior standing	3-3-0			
	Approved Elective		3-3-0			
	Approved Elective		3-3-0			

Total Hours for Degree

<u>120</u>

Approved Concentration Electives (27 hours required):	**Approved 30	**Approved 300+ Electives must be from the following (30 hours required):			
ATTR 210 (3)	AHSC 410 (3)	21 hours from the following courses:			
<b>DIET</b> 200 (3), 211 (2)	<b>DIET</b> 305 (3)	AHSC 312 (3), 315 (3), 324 (3), 340 (3), 404 (3), 410 (3), 425 (3), 426 (1),			
7 hours from the following courses:	HPED 360 (3)	444 (3), 485 (1)			
AHSC 220 (3), 221 (3)		<b>COMD</b> 350 (3), 405 (3)			
ATTR 250 (2)		<b>DIET</b> 330 (3)			
BIOL 205 (3)		<b>HPED</b> 320 (3), 340 (3), 375 (3), 412 (3)			
<b>DIET</b> 111 (3), 113 (2)		MKTG 300 (3)			
<b>HPED</b> 141 (3), 240 (3), 246 (3)		MNGT 301 (3)			
<b>PSYC</b> 204 (3), 208 (3), 211 (3), 212 (3)		NURS 307 (3), 315 (3), 352 (3)			
<b>SOCI</b> 151 (3), 204 (3)		<b>PSYC</b> 301 (3), 305 (3), 309 (3), 313 (3)			
Free Electives (12 hours)		<b>SOCI</b> 325 (3), 387 (3)			
		SPAN 335 (3), 336 (3)			



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