



Academic Advising Sheet:  
BACHELOR OF SCIENCE DEGREE IN HEALTH SCIENCES  
**PRE-ATHLETIC TRAINING AND KINESIOLOGY (AHPK)**  
2023-2024 Catalog

Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Phone #: \_\_\_\_\_

FRESHMAN YEAR	<b>Fall Semester (14 hrs)</b>		<b>Prerequisite Information</b>	<b>Hours</b>	<b>Grade</b>	<b>Year/ Semester</b>	<b>Course Sub / Suggested</b>
	BIOL 114	Human Anat & Physiology I (GER)	Non-developmental placement.	3-3-0			
	BIOL 115	Human Anat & Physiology I Lab	BIOL 114	1-0-3			
	ENGL 101	English Composition I (GER)	ACT score of 18 or better in English; C or better in ENGL 003, or S on placement test.	3-3-0			
	Humanities Elective+ (GER):		ENGL, HIST, SPCH, PHIL, Foreign Lang., etc. Refer to catalog for current list.	3-3-0			
	MATH 101	College Algebra	"C" in Math 003 or "S" on placement test.	3-3-0			
	UNIV 101	University Prep (UR)	First time entering freshmen and transfer students < 30 hours.	1-0-3			
	<b>Spring Semester (16 hrs)</b>						
	BIOL 116	Human Anat & Physiology II (GER)	BIOL 114 and 115.	3-3-0			
	BIOL 117	Human Anat & Physiology II Lab	BIOL 116	1-0-3			
	ENGL 102	English Composition II (GER)	English 101 ("C" or better for graduation)	3-3-0			
	MATH Elective (GER): MATH 102		Recommend MATH 102	3-3-0			
	PSYC 101	General Psychology (GER)	Eligibility for enrollment in ENGL 101 or higher.	3-3-0			
	SPCH 101	Intro to Public Speaking		3-3-0			

SOPHOMORE YEAR	<b>Fall Semester (16 hrs)</b>		<b>Prerequisite Information</b>	<b>Hours</b>	<b>Grade</b>	<b>Year/ Semester</b>	<b>Course Sub / Suggested</b>
	Fine Arts Elective (GER):		ART or MUS	3-3-0			
	Humanities Elective+ (GER):		ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary	3-3-0			
	BIOL 155	General Biology I (Req. elective for AT)	MATH 102 eligible	4-3-3			
	DIET 200	Applied Nutrition		3-3-0			
	AHSC 200	Orient to Prof in Health Sciences		1-1-0			
	Computer Literacy Elective (CLR)		C or better in Math 101 or 117	2-2-0			
	<b>Spring Semester (15 hrs)</b>						
	Social Science Elective (GER): PSYC 212			3-3-0			
	Physical Science Elective (GER): CHEM 105		Kinesiology: Any CHEM	3-3-0			
	Humanities Elective+ (GER):		ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary	3-3-0			
	ATTR 210 Health, Prevention & Emergency Care			3-3-0			
	PHYS 151 or PHYS 101 (Required Elective)			3-3-0			

**Humanities Elective+ - No more than 6 hours in one discipline.**  
**All courses require a C or better for progress towards graduation.**



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JUNIOR YEAR	Fall Semester (14hrs)		Prerequisite Information	Hours	Grade	Year/ Semester	Course Sub / Suggested
	ATTR 250 Psychosocial Issues in Sport			2-2-0			
	PSYC 204 or 211			3-3-0			
	Concentration Elective (3 hours)			3-3-0			
	PSYC 208 or MATH 214 Statistics (Req. Elective)		PSYC: C or better in MATH 101 Math: C or better in MATH 100, 101, 115, 116, or 117	3-3-0			
	Approved Elective			3-3-0			
	Spring Semester (15 hrs)						
	NURS 312 Medical Terminology			3-3-0			
	ENGL 468 (GER) Technical Writing		"C" in English 102	3-3-0			
	Concentration Elective (3 hours)			3-3-0			

SENIOR YEAR	Fall Semester (15 hrs)		Prerequisite Information	Hours	Grade	Year/ Semester	Course Sub / Suggested
	AHSC 408 Medical Conditions		C or better in BIOL 116	3-3-0			
	AHSC 440 Survey of the US Healthcare System		Completion of 60 hrs. of Non-Developmental coursework	3-3-0			
	Approved Elective			3-3-0			
	Approved Elective			3-3-0			
	Approved Elective			3-3-0			
	Spring Semester (15 hrs)						
	Approved Elective		Completion of 60 hrs. of Non-Developmental coursework	3-3-0			
	AHSC 450 Professional Standards & Values		Junior standing	3-3-0			
	AHSC 485 Senior Capstone			1-1-0			

**Total Hours for Degree** **120**

**Approved (100-200 level) electives:**

AHSC 220 (3)  
  
BIOL 155 (4), 156 (4)  
CHEM 105 (3)  
DIET 211 (2)  
HPED 141 (3), 240 (3)  
PHYS 101 (3) or 151 (3), 203 (1)  
PSYC 204 (3), 208 (3), 211 (3), 212 (3)

**Approved Electives (300+): (student must complete 27 hours)**

AHSC 312 (3), 315 (3), 324 (3), 340 (3), 404 (3),  
410 (3), 425 (3), 426 (1), 444 (3)  
BIOL 461 (5)  
DIET 305 (3)  
HPED 340 (3), 360 (3), 375 (3), 412 (3)  
PSYC 301 (3), 305 (3), 313 (3)  
PSYC 301 (3), 305 (3), 313 (3)