

## Academic Advising Sheet: BACHELOR OF SCIENCE DEGREE IN HEALTH SCIENCES

**HEALTH & WELLNESS (AHHW)** 

2024-2025 Catalog

Name:	ID#:	Phone #:	

	Fo	all Semester (16hrs)	Prerequisite Information	<u>Hours</u>	<u>Grade</u>	<u>Year/</u> <u>Semester</u>	Course Sub / Suggested
	BIOL 114	Human Anat & Physiology I (GER)	Non-developmental placement.	3-3-0			
	BIOL 115	Human Anat & Physiology I Lab	BIOL 114	1-1-0			
	ENGL 101	English Composition I (GER)	ACT score of 18 or better in English; C or better in ENGL 003, or S on placement test.	3-3-0			
	Humanities	Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Lang., etc. Refer to catalog for current list.	3-3-0			
AR	MATH 101	College Algebra (GER)	"C" in Math 003 or "S" on placement test.	3-3-0			
ı YE	Computer Li	iteracy Elective(s) (CLR)	C or better in Math 101 or 117	2-2-0			
FRESHMAN YEAR	UNIV 101	University Prep (UR)	First time entering freshmen and transfer students < 30 hours.	1-0-3			
-RES	Sp	ring Semester (14hrs)					
	BIOL 116	Human Anat & Physiology II (GER)	BIOL 114 and 115	3-3-0			
	BIOL 117	Human Anat & Physiology II Lab	BIOL 116	1-1-0			
	ENGL 102	English Composition II (GER)	English 101 ("C" or better for graduation)	3-3-0			
	PSYC 101	General Psychology (GER)	Eligibility for ENGL 101 or higher	3-3-0			
	AHSC 200 In	tro to Health Professions		1-1-0			
	Free Elective	е		3-3-0			

	Fall Semester (15 hrs)	Prerequisite Information	<u>Hours</u>	<u>Grade</u>	<u>Year/</u> <u>Semester</u>	Course Sub / Suggested
	Physical Science Elective (GER)	CHEM 105, CHEM 109 or PHYS 151	3-3-0			
	MATH Elective (GER)		3-3-0			
	SPCH 101 Fundamentals of Public Speaking (UR)	English 101 or higher	3-3-0			
RE YEAR	DIET 200 Applied Nutrition	Completion of 30 hrs non-remedial, C or better in ENGL 101 and non-remedial math	3-3-0			
SOPHOMORE	Concentration Elective		3-3-0			
) HO	Spring Semester (15hrs)					
SO	Social Science Elective (GER)	PSYC 101	3-3-0			
	ATTR 210 Health, Prevention & Emergency Care		3-3-0			
	Humanities Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Lang., etc. Refer to catalog for current list.	3-3-0			
	Humanities Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Lang., etc. Refer to catalog for current list.	3-3-0			
	Free Elective		3-3-0			

Humanities Elective+ - No more than 6 hours in one discipline. ALL classes require a C or better for credit towards graduation.



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	Fall Semester (15 hrs)	<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	Year/ Semester	Course Sub / Suggested
	DIET 305 Nutrition through the Lifecycle	Math 101 or Math 117	3-3-0			
	Fine Arts Elective (GER)	ART or MUS	3-3-0			
	Concentration Elective		3-3-0			
22	Concentration Elective		3-2-0			
R YE	HPED 360 Exercise Physiology		3-3-0			
JUNIOR YER	Spring Semester (15 hrs)					
=	Free Elective		3-3-0			
	ENGL Technical Writing Elective (GER)	"C" in English 102	3-3-0			
	NURS 312 Medical Terminology		3-3-0			
	Approved Elective		3-3-0			
	Approved Elective		3-3-0			
	Fall Semester (15 hrs)	Prerequisite Information	<u>Hours</u>	<u>Grade</u>	<u>Year/</u> <u>Semester</u>	Course Sub / Suggested
	AHSC 408 Medical Conditions	C or better in BIOL 116.	3-3-0			
	AHSC 440 Survey of the US Healthcare System	Completion of 60 hrs. of Non- Developmental coursework	3-3-0			
	Approved Elective		3-3-0			
SENIOR YEAR	Approved Elective		3-3-0			
JR Y	Free Elective		3-3-0			
ENG	Spring Semester (15hrs)					
S	AHSC 410 Clinical Human Performance	C or better in HPED 360.	3-3-0			
	AHSC 450 Professional Values and Standards in Health Sciences	Junior standing	3-3-0			
	Approved Elective		3-3-0			_
	Approved Elective		3-3-0			
	Approved Elective	Senior Standing	3-3-0			

## **Total Hours for Degree**

120

Approved Concentration Electives (27 hours required):	**Approved 300+ Electives must be from the following (30 hours required):
ATTR 210 (3)	AHSC 410 (3)
<b>DIET</b> 200 (3)	<b>DIET</b> 305 (3)
9 hours from the following courses:	HPED 360 (3)
<b>AHSC</b> 220 (3), 222 (3)	21 hours from the following courses:
ATTR 250 (2)	<b>AHSC</b> 312 (3), 315 (3), 324 (3), 340 (3), 404 (3),
<b>BIOL</b> 205 (3)	425 (3), 426 (1), 444 (3), 485 (1), 490 (5)
<b>DIET</b> 111 (3), 113 (2), 211 (2)	COMD 350 (3), 405 (3)
<b>HPED</b> 141 (3), 240 (3), 246 (3)	<b>DIET</b> 330 (3)
<b>PSYC</b> 204 (3), 208 (3), 211 (3), 212 (3)	HPED 300+ electives
<b>SOCI</b> 151 (3), 204 (3)	MKTG 300 (3)
Free Electives (12 hours)	MNGT 301 (3)
	NURS 300+ electives
	PSYC 300+ electives
	SOCI 300+ electives
	<b>SPAN</b> 335 (3), 336 (3)