



Academic Advising Sheet:
 BACHELOR OF SCIENCE DEGREE IN HEALTH SCIENCES
KINESIOLOGY (AHKN)

2024-2025 Catalog

Name: _____ ID#: _____ Phone #: _____

| | | <i>Fall Semester (15 hrs)</i> | <u>Prerequisite Information</u> | <u>Hours</u> | <u>Grade</u> | <u>Year/ Semester</u> | <u>Course Sub / Suggested</u> |
|----------------------|--------------------------|---|--|--------------|--------------|---------------------------|-------------------------------|
| FRESHMAN YEAR | BIOL 114 | Human Anat & Physiology I (GER) | Non-developmental placement. | 3-3-0 | | | |
| | BIOL 115 | Human Anat & Physiology I Lab | BIOL 114 | 1-0-3 | | | |
| | ENGL 101 | English Composition I (GER) | ACT score of 18 or better in English; C or better in ENGL 003, or S on placement test. | 3-3-0 | | | |
| | | Humanities Elective+ (GER): | ENGL, HIST, SPCH, PHIL, Foreign Lang., etc. Refer to catalog for current list. | 3-3-0 | | | |
| | MATH 101 | College Algebra | "C" in Math 003 or "S" on placement test. | 3-3-0 | | | |
| | AHSC 200 | Orient to Prof in Health Sciences | | 1-1-0 | | | |
| | UNIV 101 | University Prep (UR) | First time entering freshmen and transfer students < 30 hours. | 1-0-3 | | | |
| | | | <i>Spring Semester (16 hrs)</i> | | | | |
| | BIOL 116 | Human Anat & Physiology II (GER) | BIOL 114 and 115. | 3-3-0 | | | |
| | BIOL 117 | Human Anat & Physiology II Lab | BIOL 116 | 1-0-3 | | | |
| | ENGL 102 | English Composition II (GER) | English 101 ("C" or better for graduation) | 3-3-0 | | | |
| | MATH | Elective (GER): MATH 102 or 214 | Recommend MATH 102 or 214 | 3-3-0 | | | |
| PSYC 101 | General Psychology (GER) | Eligibility for enrollment in ENGL 101 or higher. | 3-3-0 | | | | |
| SPCH 101 | Intro to Public Speaking | | 3-3-0 | | | | |

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|-----------------------|----------|----------------------------------|---|----------------------------|--------------|---------------------------|-------------------------------|
| SOPHOMORE YEAR | | Fine Arts Elective (GER): | ART or MUS | 3-3-0 | | | |
| | | Humanities Elective+ (GER): | ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary | 3-3-0 | | | |
| | | HPED 141 | Personal and Comm. Health Problems | 3-3-3 | | | |
| | | Concentration Elective: | BIOL 155 Rec. for AT | 4-3-3 | | | |
| | | Computer Literacy Elective (CLR) | C or better in Math 101 or 117 | 2-2-0 | | | |
| | | | <i>Spring Semester (15 hrs)</i> | | | | |
| | | Social Science Elective (GER): | PSYC 212 | 3-3-0 | | | |
| | | Physical Science Elective (GER): | CHEM 105 (AT) | CHEM 105, PSYS 101, or 151 | 3-3-0 | | |
| | | Humanities Elective+ (GER): | ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary | 3-3-0 | | | |
| | | ATTR 210 | Health, Prevention & Emergency Care | 3-3-0 | | | |
| | AHSC 220 | Pathophysiology | 3-3-0 | | | | |

**Humanities Elective+ - No more than 6 hours in one discipline.
 All courses require a C or better for progress towards graduation.**



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Name: _____ ID#: _____ Phone #: _____

| JUNIOR YEAR | <i>Fall Semester (14 hrs)</i> | | Prerequisite Information | Hours | Grade | Year/ Semester | Course Sub / Suggested |
|-------------------------------------|--|--------------------|--------------------------|-------|-------|-------------------|------------------------|
| | ENGL 468 (GER) Technical Writing | | | 3-3-0 | | | |
| | DIET 200 Applied Nutrition | | | 3-3-0 | | | |
| | Concentration Elective: PHYS required for AT | | | 3-3-0 | | | |
| | Concentration Elective | | | 2-2-0 | | | |
| | HPED 360 Exercise Physiology | | | 3-3-0 | | | |
| | <i>Spring Semester (15 hrs)</i> | | | | | | |
| | NURS 312 Medical Terminology | | | 3-3-0 | | | |
| | Concentration Elective | "C" in English 102 | | 3-3-0 | | | |
| | Concentration Elective | | | 3-3-0 | | | |
| AHSC 324 Lifespan Motor Development | Or HPED 340 | | 3-3-0 | | | | |
| Approved Elective | | | 3-3-0 | | | | |

| SENIOR YEAR | <i>Fall Semester (15 hrs)</i> | | Prerequisite Information | Hours | Grade | Year/ Semester | Course Sub / Suggested |
|--|---|--|---|-------|-------|-------------------|------------------------|
| | AHSC 408 Medical Conditions | | C or better in BIOL 116 | 3-3-0 | | | |
| | AHSC 440 Survey of the US Healthcare System | | Completion of 60 hrs. of Non-Developmental coursework | 3-3-0 | | | |
| | HPED 375 Kinesiology | | | 3-3-0 | | | |
| | Approved Elective | | | 3-3-0 | | | |
| | Approved Elective | | | 3-3-0 | | | |
| | <i>Spring Semester (15 hrs)</i> | | | | | | |
| | AHSC 410 | | Completion of 60 hrs. of Non-Developmental coursework | 3-3-0 | | | |
| | AHSC 450 Professional Standards & Values | | Junior standing | 3-3-0 | | | |
| | Approved Elective: AHSC 485 Senior Capstone | | | 1-1-0 | | | |
| HPED 412 Psychosocial Aspects of Physical Act. | | | 3-3-0 | | | | |
| Approved Elective | | | 3-3-0 | | | | |
| Approved Elective | | | 2-2-0 | | | | |

Total Hours for Degree 120

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|--|---|
| Approved Concentration Electives (27 hours required): AHSC 220 (3) ATTR 210 (3) DIET 200 (3) HPED 141 (3) <u>15 hours from the following courses:</u> BIOL 155 (4), 156 (4), 205 (3) CHEM 105 (3), 109 (3) DIET 211 (2) HPED 240 (3), 246 (3) PHYS 101 (3) or 151 (3), 203 (1) PSYC 204 (3), 208 (3), 211 (3) SOCI 151 (3), 204 (3) | Approved Electives (300+): (student must complete 30 hours) AHSC 324 (3) or HPED 340 (3); AHSC 410 (3) HPED 360 (3), 375 (3), 412 (3) <u>15 hours from the following courses:</u> AHSC 312 (3), 315 (3), 324 (3), 340 (3), 404 (3), 410 (3), 425 (3), 426 (1), 444 (3), 485 (1), 490 (5) BIOL 461 (5) COMD 350 (3), 351 (3) DIET 305 (3) PSYC 301 (3), 305 (3), 313 (3) |
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