Questioning your major?
Meet with your academic advisor and EXPLORE possible careers and majors that fit your interests and goals.

EXPLORE

Interests- What do you like?
Skills- What do you perform well?
Values- What is important to you?
Goals- What are your educational goals?

RESEARCH

Career Assessment
Take the Focus2Career assessment in your UNIV 101 course or visit (https://bit.ly/3DQg2Ho) and use your student login information.

Informational Interviews
Interview the people in your field(s) of interest.

Job Shadow/Externships
Ask a professional to observe them for a day.

LEARN

Take UNIV 101
Explore career paths through Focus2Career, create a resume, and create your Handshake profile.

Meet with your Academic Advisor Every Semester
Ensure you take the right academic major courses and meet University requirements.

Attend the All Majors Career Fairs
Remember you are meeting potential future employers. Dress appropriately - first impressions count.
**ASSESS**

- Re-examine Options
  - How have they changed? Why?

- Review Your Transcript
  - What do you still need?

- Decide on a Major
  - Review programs.

- Update Your Resume
  - Have us review it.

**LEARN**

- Use Your Account in Handshake
  - This is where students find jobs and internship opportunities. Download Handshake App Now!

**DO**

- Internships
  - Gain experience before you graduate.

- Clubs & Organizations
  - Get involved with campus activities.

- Develop relationships with faculty & mentors
  - This will help if and when you'll need letters of recommendation for graduate/professional school and future jobs.

- Take advantage of getting experience and improving yourself so that you stand out to future employers
  - Consider becoming a tutor.
  - Check into unpaid internships or volunteer positions in your career field that will help to build your work experience and contacts.
  - Pursue another summer job in your field of interest.
NETWORK

It's the #1 WAY to find a job!
Employers are more likely to hire from a personal reference than any other method.

INTERN

Find Openings
Check Handshake.

Build Your Network
Create a LinkedIn profile.

Tailor Your Resume
We'll show you how.

Prepare for Interviews
Schedule a mock interview.

PLAN

Target Activities that Meet Your Goals
Internships, research, extracurricular activities

Connect with Professionals
Join professional associations.

Graduate School
Research programs and schools.

Begin informational interviewing
- Use these opportunities to improve your interviewing skills
- Investigate internships in your field of study
- Continue to increase your network of contacts

LEARN

Stay Current with Industry Trends
Trade publications and journals in your field will help you with career planning.

Assess Skills
Work to develop your writing, public speaking, teamwork, critical thinking and specific technological skills.
**SEARCH**

Find Openings
Handshake, job websites, and networks

Build Your Network
Faculty, Family, Friends, and Alumni

Update Your Resume
Have Nicholls Career Services review it and do a resume critique.

Prepare for Interviews
Schedule a mock interview.

**PLAN**

Establish a Job Search Plan
- Identify job search values – location, benefits, salary, opportunity, etc.
- Identify and research potential employers

Develop a Plan to Attend Graduate or Professional Schools
- Visit with your academic advisor
- Identify schools that meet your criteria
- Make sure that you have completed or on schedule to complete all the required coursework.

**LEARN**

Build Skills
Seek opportunities where you can coach, train, mentor, or supervise others.

Participate in Professional Development
Attend Grad Expo workshops and career fair. You can do this every semester!

SEARCH

Do not wait to start searching until you graduate. The average time between graduation and a career is 6 MONTHS

Begin your search NOW!