Return-to-School Self-Certification for COVID-19*

*Please circle one*

Students/Teachers/Faculty (persons) with COVID-19 symptoms and/or a positive test who were directed to care for themselves at home may end self-isolation when at least 24 hours have passed since recovery, meaning:

- Fever free without the use of fever-reducing medications, and
- Improvement in symptoms (e.g., cough, shortness of breath), and
- At least 10 days* have passed since symptoms first appeared.

Persons with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue self-isolation when at least 10 days have passed since the date of their first positive COVID-19 diagnostic test and have had no subsequent illness.

Persons suspected of having COVID-19 who have been tested and receive a negative test may discontinue isolation precautions provided they feel well.

If the person is sick with non-COVID-19 symptoms, or if the person has tested negative for COVID-19**, the person must still be symptom free for 24 hours before returning to school. If the person is teleschooling from home, the person does not have to wait the 24 hours before resuming school duties.

If a person is a close contact (defined as within 6 feet for 15 minutes) of a confirmed positive, that person may return to school after the 14-day quarantine period has passed, as long as no symptoms develop.

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**Person Self-Certification**

<table>
<thead>
<tr>
<th>Test Date:</th>
<th>/   / 2020</th>
<th>Initial date of close contact:  /   / 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test Result (circle one):</td>
<td>Positive Negative Not tested</td>
<td></td>
</tr>
<tr>
<td>Date of Symptom Onset:</td>
<td>/   / 2020</td>
<td></td>
</tr>
<tr>
<td>Date of Recovery (as defined above):</td>
<td>/   / 2020</td>
<td></td>
</tr>
</tbody>
</table>

By signing this document, I verify that I have been symptom-free for the appropriate number of days and that the information reported above is correct. Therefore, I can be released from isolation and may resume school-related activities.

__________________________  __________________
Name (printed)               ID number (N#)

Signature  Date

*This form is not required by the State of Louisiana to return to school but is intended as a guide to assist Principals and persons on when it is safe to return to school. This form is not mandated by the State of Louisiana.

**The test must be a negative PCR test at least five days after exposure to a positive case or suspected illness.

Please return this form via e-mail (healthservices@nicholls.edu), UHS drop-box (to the left of UHS office doors), or fax (985-493-2601.) Please call 985-493-2600 with any questions.