

Return-to-School Self-Certification for COVID-19*

Please circle one

Students/Teachers/Faculty (persons) with COVID-19 symptoms and/or a positive test who were directed to care for themselves at home may end self-isolation when at least **24 hours** have passed *since recovery*, meaning:

- Fever free without the use of fever-reducing medications, **and**
- Improvement in symptoms (e.g., cough, shortness of breath), **and**
- At least 10 days* have passed *since symptoms first appeared*.

Persons with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue self-isolation when at least 10 days have passed since the date of their first positive COVID-19 diagnostic test and have had no subsequent illness.

Persons suspected of having COVID-19 who have been tested and receive a negative test may discontinue isolation precautions provided they feel well.

If the person is sick with non-COVID-19 symptoms, or if the person has tested negative for COVID-19**, the person must still be *symptom free for 24 hours before returning to school*. If the person is teleschooling from home, the person does not have to wait the 24 hours before resuming school duties.

If a person is a close contact (defined as within 6 feet for 15 minutes) of a confirmed positive, that person may return to school after the 14-day quarantine period has passed, as long as no symptoms develop.

Person Self-Certification

Test Date: _____ / _____ / 2020 Initial date of close contact: _____ / _____ / 2020

Test Result (circle one): Positive Negative Not tested _____ / _____ / 2020

Date of Symptom Onset: _____ / _____ / 2020

Date of Recovery (as defined above): _____ / _____ / 2020

By signing this document, I verify that I have been symptom-free for the appropriate number of days and that the information reported above is correct. Therefore, I can be released from isolation and may resume school-related activities.

Name (printed)

ID number (N#)

Signature

Date

*This form is not required by the State of Louisiana to return to school but is intended as a guide to assist Principals and persons on when it is safe to return to school. **This form is not mandated by the State of Louisiana.**

**The test must be a negative PCR test at least five days after exposure to a positive case or suspected illness.

Please return this form via e-mail (healthservices@nicholls.edu), UHS drop-box (to the left of UHS office doors), or fax (985-493-2601.) Please call 985-493-2600 with any questions.