

**Nicholls State University
Coloneettes Dance Team
TRYOUT PREP CLINIC**



Day: March 30, 2019

Time: 9am – 12 noon

Where: T.R. Lindsley Hall

Ages: 17 and up

Attire: Black fitted crop top or sports bra, black dance shorts, jazz shoes, and hip-hop shoes.

Required Items to Bring to Clinic

- FRONT and BACK copy of your current health insurance card (must have insurance to participate)

STATEMENT OF UNDERSTANDING WAVIER

The undersigned is aware of and acknowledges the risks associated with participation in dance team activities, including but not without limitation, the risk of catastrophic injury, paralysis and even death. Nevertheless, it is the undersigned's desire to participate in dance team at Nicholls. The undersigned assumes all risk of injury associated with participation and specifically agrees to indemnify and hold free and harmless the Nicholls State University, its agents and employees, including without limitation the Coloneettes Dance Team, coaches, staff, band director and all other members of the department of music faculty and staff, from any and all claims or causes of action arising out of her participation in dance team activities at Nicholls, no matter what the cause. The undersigned further acknowledges and certify that they are at least 18 years of age.

Signature: _____ Date: _____

If under 18, this form MUST be signed by a parent or legal guardian prior to participation, NO EXPECTATIONS.

Signature: _____ Date: _____

REGISTRATION DEADLINE: MARCH 25, 2019

Please submit wavier by email: nichollscoloneettes@gmail.com. For more information, please call the Music Department at 985-448-4600.