

NURSING CONTINUING PROFESSIONAL DEVELOPMENT PROGRAM

FALL 2021 AND SPRING 2022 ACTIVITY CALENDAR

Diabetes Update: A Comprehensive Overview in Addressing an Ongoing Epidemic and Advancing Education to Deliver Best Practice

Thursday, Sept. 30, 2021

Diabetes remains one of the leading challenges to human health. According to the CDC more than 34 million people in the United States have diabetes and more than 88 million have prediabetes. The increasing prevalence of diabetes concurrently poses challenges and opportunities for nurses in meeting the growing volume and complexity of care needs in this population. Nurses are essential as partners, and as such, need to be aware of latest guidelines, trends, educational resources, and advances in practice. This activity will afford the nurse with information regarding new developments and practice guidelines in the incidence and management of diabetes care.

Location Nicholls State University Betsy C. Ayo Hall Auditorium Networking..... 8-8:30 a.m.
Presentation time 8:30 a.m.-3:30 p.m.
Credit..... 5.5 contact hours
Fee \$75

SPEAKERS:

Valerie Burton, RN, CDCES – is a Registered Nurse and Certified Diabetes Care & Education Specialist employed by Touro LCMC since 1994 and serves as manager of the Touro Diabetes Center. She specializes in providing a comprehensive program of educational services and support to individuals and groups. Working closely with physicians, she identifies patient's specific needs and helps them develop the self-management skills needed to control their disease.

Andrew Majeste, DNP, FNP-C, APRN-CNP, BSN, RN – is board-certified as a family nurse practitioner by the American Academy of Nurse Practitioners. He is employed by Ochsner Medical Center providing care to patients in the endocrinology clinic specializing in diabetes management.

Upon completion of this activity the participant will be able to:

1. Demonstrate knowledge related to new developments in diabetes care.
2. Recognize current practice standards of collaborative care in diabetes.
3. Understand the effect of diabetes and COVID-19.
4. Identify the challenges associated with rising diabetes healthcare burden.
5. Differentiate management of continuous glucose monitoring.
6. Identify methods of providing effective diabetes education.

The target audience is registered nurses.

\$10 LATE FEE IF NOT REGISTERED BY SEPT. 16

Health Equity, Diversity, and Inclusion (EDI): Breaking Down Barriers and Integrating EDI into Practice*

Thursday, Oct. 28, 2021

Nurses, as leaders in healthcare, have an ethical obligation to provide quality nursing care for all patients and all communities. In the spirit of providing individualized and holistic care, nurses need to be aware of how the elements of equity, diversity, and inclusion affect a person's health and healthcare. In a nation of increasingly diverse populations, nurses must be cognizant of health equity concerns and growing disparities in efforts to remove barriers that prevent achieving optimal health. This activity will provide nurses with information to increase knowledge about EDI and with hopes of being empowered as voices and models addressing issues surrounding EDI and improving the quality of care for all people across the lifespan.

Location Virtual via Zoom Networking..... 8-8:30 a.m.
Presentation time 8:30 a.m.-3:30 p.m.
Credit..... 5.5 contact hours
Fee \$65

SPEAKERS:

Michelle Sanchez, MSN, RN, CPHQ – is the Beacon Award for Excellence program manager at the American Association of Critical-Care Nurses since 2012. She has extensive leadership, quality, and safety experience from various roles in perioperative services, including Clinical Director of an ambulatory surgery center.

Veronica Gillispie-Bell, MD, MAS, FACOG – is a Board-Certified Obstetrician & Gynecologist and Associate Professor for Ochsner Health in New Orleans, Louisiana. She serves as the Senior Site Lead and Section Head of Obstetrics and Gynecology at Ochsner Kenner. Dr. Gillispie-Bell is also the Medical Director of the Louisiana Perinatal Quality Collaborative and Pregnancy Associated Mortality Review for the Louisiana Department of Health and is on the Ochsner-Xavier Institute for Health Equity and Research team.

Upon completion of this activity the participant will be able to:

1. Summarize the principles of equity, diversity, and inclusion (EDI).
2. Recognize the American Nurses Association's (ANA) Civility Best Practices for Nurses.
3. Relate how social determinants of health can result in health disparities and inequities.
4. Discuss how nurses can have an impact on social determinants of health.
5. Recognize how individual factors contribute to acute and chronic conditions.
6. Identify opportunities to assess the provision of care based on the unique demographic identifiers in achieving health equity.

The target audience is registered nurses.

\$10 LATE FEE IF NOT REGISTERED BY OCT. 14

Getting to the Heart of the Matter: Caring for the Patient with Heart Failure, Aortic Valve Disease and Replacement, Acute Coronary Syndrome, and other Cardiovascular Conditions

Friday, Nov. 19, 2021

Keeping pace with emerging evidence, treatment trends, and current practice guidelines in the field of cardiology can be an ongoing challenge for nurses. As heart disease affects many people in the United States, nurses from all scopes of practice are likely to provide care to someone with underlying risk factors or with a cardiac condition. Being up to date with evidence-based information related to care of the patient with heart disease, heart failure, valvular disease and coronary artery disease allows nurses to better care for cardiac patients. Nurses from outpatient to inpatient points of care will benefit from this educational activity by being abreast of latest trends in cardiology care.

Location Nicholls State University Betsy C. Ayo Hall Auditorium Networking..... 8-8:30 a.m.
Presentation time 8:30 a.m.-3:30 p.m.
Credit..... 5.5 contact hours
Fee \$75

SPEAKERS:

Nicole Jones, APRN, CNS – is a Clinical Nurse Specialist and Heart Failure and Valve Coordinator at East Jefferson General Hospital. She is a board certified Cardiac-Vascular Nurse and Certified Heart Failure Nurse of the American Association of Heart Failure Nurses with over 20 years experience.

Jessica Thibodaux, APRN, MSN, FNP-C – is currently employed by Cardiovascular Institute of the South. She has over 20 years of experience in cardiology.

Bart Denys, MD, FACC, FSCAI, AAMA – is board-certified in internal medicine, cardiovascular disease, nuclear cardiology, and interventional cardiology. He is also a diplomat in cardiovascular disease by the American Board of Internal Medicine. He is a fellow of the American College of Cardiology, the Society of Cardiac Angiography and Interventions and the American Society of Angiology. He has been with the Thibodaux office of Cardiovascular Institute of the South since 1994. He is also board certified in medical acupuncture.

Upon completion of this activity the participant will be able to:

1. Summarize strategies implemented to reduce Heart Failure (HF) and Acute Myocardial (AMI) hospital readmissions.
2. Identify current diagnostic assessments of acute and chronic heart failure.
3. Recognize nursing and interprofessional management of acute and chronic heart failure.
4. Describe care of the patient requiring Transcatheter Aortic Valve Replacement (TAVR).
5. Recognize ECG changes associated with various cardiac conditions.
6. Identify aspects of providing quality care for patients with acute coronary syndrome.
7. Outline trends in cardiovascular health to reduce coronary heart disease.

Target audience is registered nurses.

\$10 LATE FEE IF NOT REGISTERED BY NOV. 5

School Nursing: Understanding Policy in Practice and Promoting Optimal Student Wellness

Tuesday, Jan. 18, 2022

School nurses are specialized in practice by providing a wide range of health services to children with an array of health and safety needs. The role of the school nurse requires understanding and compliance with federal laws and mandates in place to help to identify students with healthcare needs and to ensure the provision of appropriate services. This activity focuses on laws and policy in the practice for the school nurse, in addition to intervention guidelines and available resources.

Location Nicholls State University Betsy C. Ayo Hall Auditorium Networking..... 8-8:30 a.m.
Presentation time 8:30 a.m. - 3:30 p.m.
Credit..... 5.5 contact hours
Fee \$75

SPEAKERS:

Parris Taylor, J.D. – is an attorney working for the Executive Counsel of the Louisiana Department of Education and the coordinator for the Department's dispute resolution program for students with exceptionalities. Mr. Taylor was a former IDEA administrative law judge and deputy general counsel with the State of Louisiana's Division of Administrative Law.

Patricia Houin, RN – is the Nurse Coordinator for a comprehensive community-based student wellness program based out of Children's Hospital in New Orleans. The program provides in-school virtual care, mental and behavioral health services, sports medicine, chronic condition management, COVID-19 support, a dedicated nurse hotline for school wellness and virtual care, and education and resources for schools throughout the state.

Upon completion of this activity the participant will be able to:

1. Discuss IDEA and Section 504/ADA core concepts.
2. Identify IDEA legal terminology.
3. Recognize differences & similarities of IDEA and Section 504/ADA.
4. Identify applicable Louisiana Laws and Revised Statutes and Regulations (Bulletins).
5. Discuss sections of Bulletin 1508 and 1706 and responsibilities of the school nurse.
6. Describe guidelines for the delegation of nursing interventions.
7. Locate community resources available to schools and school nurses.

The target audience is registered nurses.

\$10 LATE FEE IF NOT REGISTERED BY JAN. 4

Pharmacology Update for The Advanced Practice Nurse: Evidence-Based Care in the Treatment of Chronic Pain and Women's Health Issues

Friday Feb. 11, 2022

In primary settings, the Advanced Practice Registered Nurse (APRN) is in a prime position to treat and prescribe medications to patients suffering with acute and chronic pain. APRN's are also often faced with knowing how to effectively treat patients with women's health issues and treating prevalent transmittable infections. Because pain and women's health issues represent commonly addressed complaints, APRN's will be provided a comprehensive review on the updates of pharmacological treatment modalities for these patients.

Location Nicholls State University Betsy C. Ayo Hall Auditorium Networking..... 8-8:30 a.m.
Presentation time 8:30 a.m.-4 p.m.
Credit 6 contact hours
Fee \$100

SPEAKERS:

Brandi Degruise, FNP-C – is a certified family nurse practitioner for 8 years at Haydel Spine Pain and Wellness. She also has experience in urgent and acute care and internal medicine.

Lori W. Gardiner, DNP, MSN, APRN, FNP-BC – is an Assistant Professor at Nicholls State University College of Nursing and has been a nurse practitioner since 2008. She is a member of the United States Reserves and holds a rank of Major. Her clinical experience and expertise include women's health, critical care, emergency department, family practice and occupational health with a research interest in opioid abuse and addiction.

Jimmy Ponder Jr., MD – is a board-certified physician and the medical director for the Headache and Pain Center. He specializes in providing non-opioid medications in pain relief.

Shelly Matherne, MSN, WHNP-BC – is a nursing instructor at Nicholls State University and is the course coordinator of Nursing and the Childbearing family. She continues to practice in her role as a women's health provider in gynecology and obstetrics.

Upon completion of this activity the participant will be able to:

1. Recognize best practices in primary care when prescribing various narcotic and non-narcotic medications for pain management.
2. Identify the CDC guidelines for prescribing opioids for chronic pain.
3. Differentiate the FDA-approved medications for opioid addiction, overdose, and withdrawal.
4. Evaluate the usefulness of determining Morphine Milligram Equivalents (MME) for commonly prescribed opioids.
5. Relate indications for targeted drug delivery infusion systems.
6. Compare various pharmacological nerve blocks and joint injections.
7. Distinguish various indications for gynecologic and reproductive medications.
8. Identify the conditions promoting the need for hormone replacement therapy for women.

The target audience is registered nurse practitioners.

\$10 LATE FEE IF NOT REGISTERED BY JAN. 29

Emergency Nursing: Striving for Best Outcomes in Preparing for Disaster, Mass Casualty Incidents, and other Emergency Situations

Thursday, March 24, 2022

In emergency situations the methods of triage can vary depending on the urgent needs of the patient and the event. Although standard hospital triage processes are in place, triaging in the occurrence of disaster and mass casualty incidents (MCI) requires more than the typical methods when casualties and the level of suffering exceeds the capacity of the emergency department and community to respond. When hospital capacity and the means to act are stressed, a systematic plan must be in place with an "all hands-on deck" approach among nurses and hospital staff. This activity will inform the nurse of best practices encompassing disaster, MCI, and the varied circumstances of emergency nursing.

Location Nicholls State University Betsy C. Ayo Hall Auditorium Networking..... 8-8:30 a.m.
Presentation time 8:30 a.m.-3:30 p.m.
Credit 5.5 contact hours
Fee \$75

SPEAKER:

Michael Verges, RN – has been an emergency department nurse at a level one trauma center in New Orleans for 26 years and has held positions as a staff nurse, clinical supervisor, and charge nurse. He currently holds Emergency Nurse and Trauma Certified Registered Nurse Certifications. He has been a Trauma Nursing Core Course (TNCC) and Emergency Nursing Pediatric Course (ENPC) instructor for the past 10 years and a lead member the ED emergency response team.

Suzanne Stuke, BSN, RN – has been a nurse for 29 years, 17 of those have been in the emergency department at the Level 1 Trauma Center in New Orleans. Other areas of care include Cardiac ICU, case management and population health. She is a past instructor for TNCC and ENPC and currently teaches Sudden Impact, a program geared toward high school students on the dangers of impaired driving. She is part of the MCI (Mass Casualty Incident) team and helps organize hospital and city-wide disaster training and education.

Upon completion of the activity the participant will be able to:

1. Discuss various types of Mass Casualty Incidents (MCI).
2. Explain how the hospital can prepare for MCI surge of patients by creating MCI management plans.
3. Identify most common types of wounding mechanism and injury patterns.
4. Recognize emergency nursing tiered triage protocols in triaging casualties.
5. Identify challenges for nurses in disaster management.

The target audience is registered nurses.

\$10 LATE FEE IF NOT REGISTERED BY MARCH 10

* For any activity offered virtually, participants will need a computer (desktop or laptop) with internet access, a webcam and microphone. Participants will be notified in a timely manner should there be a change in the mode of delivery from in person to virtual.



College of Nursing
Nursing Continuing Professional
Development Program
Nicholls State University
P. O. Box 2057
Thibodaux, LA 70310

The Nursing Continuing Professional Development Program Activity Calendar can also be accessed at

nicholls.edu/nursing/ncpd

For more information,

**contact Michelle Patterson MSN, RN,
Accredited Provider Program Director**

985-448-4203/ 985-448-4686 or michelle.patterson@nicholls.edu

Registration Information: Online registration for all NCPDP activities is available through Eventbrite at the following website:
<https://www.eventbrite.com/o/nicholls-state-university-ncpdp-22013150910>

Please see the education activities below:

Sept. 30, 2021 -Diabetes Update: A Comprehensive Overview in Addressing an Ongoing Epidemic and Advancing Education to Deliver Best Practice
\$10 late fee if not registered by Sept. 16

Oct. 28, 2021 -Health Equity, Diversity, and Inclusion (EDI): Breaking Down Barriers and Integrating EDI into Practice
\$10 late fee if not registered by Oct. 14

**Nov. 19, 2021 -Getting to the Heart of the Matter: Caring for the Patient with Heart Failure, Aortic Valve Disease and Replacement, Acute Coronary
Syndrome, and other Cardiovascular Conditions**
\$10 late fee if not registered by Nov. 4

Jan. 18, 2022 -School Nursing: Understanding Policy in Practice and Promoting Optimal Student Wellness
\$10 late fee if not registered by Jan. 4

Feb. 11, 2022 -Pharmacology Update for The Advanced Practice Nurse: Evidence-Based Care in the Treatment of Chronic Pain and Women's Health Issues
\$10 late fee if not registered by Jan. 29

March 24, 2022 -Emergency Nursing: Striving for Best Outcomes in Preparing for Disaster, Mass Casualty Incidents, and other Emergency Situations.
\$10 late fee if not registered by March 10

Fees

Retired Nurses fee: **\$40**

Student Nurses fee: **\$25**

Regular Registration fee is **\$75** except for the February activity which is **\$100**.

Refund Policy

Registration fees will be refunded in full if cancellation notice is received five days prior to the activity. Refunds after this date will be subject to a \$15 administrative fee. Substitutions may be accepted or the fee can be transferred to another activity.

Requirements for successful completion is accomplished by verifying participation in the entire NCPDP activity. No partial credit is awarded.

Cancellation Policy

Nicholls State University's College of Nursing NCPDP Program reserves the right to cancel or postpone NCPDP activities, to limit registration or to change instructors. In the event of a cancellation for any reason, such as insufficient registration response, or condition beyond their control, the liability of Nicholls State University College of Nursing shall be limited to a full refund of registration fees. Refund policy on NCPDP activities in the College of Nursing does not necessarily apply to other educational activities at Nicholls.

Accreditation

Nicholls State University CON CNE Program is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Approval

Nicholls State University College of Nursing Nursing Continuing Professional Development Program is approved by the Louisiana State Board of Nursing (LSBN) (Provider Number 8) for re-licensure requirements.

Nicholls State University does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities.

*The following person(s) has/have been designated to handle inquiries regarding the non-discrimination policies: Steven H. Kenney, Jr., AVP for Human Resources and Chief Diversity & Inclusion Officer (985) 448-4001.



NICHOLLS STATE UNIVERSITY
COLLEGE OF NURSING

Nursing Continuing Professional Development Program Activity Calendar



Thibodaux, Louisiana
nicholls.edu/nursing/ncpd