



**BACHELOR OF SCIENCE DEGREE IN HEALTH SCIENCES  
HEALTH & WELLNESS  
2020-2021 Catalog**

Name: \_\_\_\_\_ ID#: \_\_\_\_\_ Phone #: \_\_\_\_\_

FRESHMAN YEAR (29 Hours)	<i>Fall Semester (14hrs)</i>		<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Year/ Semester</u>	<u>Course Sub / Suggested</u>
	BIOL 114	Human Anat & Physiology I (GER)	Non-developmental placement.	3-3-0			
	BIOL 115	Human Anat & Physiology I Lab	BIOL 114	1-1-0			
	ENGL 101	English Composition I (GER)	ACT score of 18 or better in English, or C or better in ENGL 003, or S on placement test	3-3-0			
		Humanities Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary	3-3-0			
	MATH 101	College Algebra (GER)	"C" in Math 003 or "S" on placement test.	3-3-0			
	UNIV 101	University Prep (UR)	First time entering freshmen and transfer students < 30 hours.	1-0-3			
	<i>Spring Semester (15hrs)</i>						
BIOL 116	Human Anat & Physiology II (GER)	BIOL 114 and 115.	3-3-0				
BIOL 117	Human Anat & Physiology II Lab	BIOL 116	1-1-0				
ENGL 102	English Composition II (GER)	English 101 ("C" or better for graduation)	3-3-0				
PSYC 101	General Psychology (GER)	Eligibility for enrollment in ENGL 101 or higher.	3-3-0				
	Computer Literacy Elective(s) (CLR)	C or better in Math 101 or 117	2-2-0				
	Free Elective		3-3-0				

SOPHOMORE YEAR (30 Hours)	<i>Fall Semester (15hrs)</i>		<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Year/ Semester</u>	<u>Course Sub / Suggested</u>
		Physical Science Elective (GER)	CHEM 105, CHEM 109 or PHYS 151	3-3-0			
		MATH Elective (GER)		3-3-0			
		SPCH 101 Fundamentals of Public Speaking (UR)	English 101 or higher	3-3-0			
		DIET 200 Applied Nutrition	Completion of 30 hrs non-remedial, C or better in ENGL 101 and non-remedial math	3-3-0			
		DIET 211 Nutrition and Health Education		2-2-0			
		AHSC 200 Intro to Health Professions		1-1-0			
	<i>Spring Semester (15hrs)</i>						
	Social Science Elective (GER)	PSYC 101	3-3-0				
	ATTR 210 Health, Prevention & Emergency Care		3-3-0				
	Humanities Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary	3-3-0				
	Humanities Elective+ (GER)	ENGL, HIST, SPCH, PHIL, Foreign Language, Classical Studies, Religious Studies, Interdisciplinary	3-3-0				
	Free Elective		3-3-0				

**Humanities Elective+ - No more than 6 hours in one discipline.  
ALL classes require a C or better for credit towards graduation.**



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		<i>Fall Semester (16 hrs)</i>	<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Year/ Semester</u>	<u>Course Sub / Suggested</u>	
<b>JUNIOR YEAR</b>	(31 Hours)	DIET 305 Nutrition through the Lifecycle	Math 101 or Math 117	3-3-0				
		Fine Arts Elective (GER)	ART or MUS	3-3-0				
		Concentration Elective (7 hours)		3-3-0				
			1-1-0					
		HPED 360 Exercise Physiology		3-3-0				
	<i>Spring Semester (15 hrs)</i>							
		Free Elective		3-3-0				
		ENGL Technical Writing Elective (GER)	"C" in English 102	3-3-0				
		NURS 312 Medical Terminology		3-3-0				
		Approved Elective		3-3-0				
	Approved Elective		3-3-0					
		<i>Fall Semester (15 hrs)</i>	<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Year/ Semester</u>	<u>Course Sub / Suggested</u>	
<b>SENIOR YEAR</b>	(30 Hours)	AHSC 408 Medical Conditions	C or better in BIOL 116.	3-3-0				
		AHSC 440 Survey of the US Healthcare System	Completion of 60 hrs. of Non-Developmental coursework	3-3-0				
		Approved Elective		3-3-0				
		Approved Elective		3-3-0				
		Free Elective		3-3-0				
	<i>Spring Semester (15hrs)</i>							
		AHSC 410 Clinical Human Performance		3-3-0				
		AHSC 450 Professional Values and Standards in Health Sciences	Junior standing	3-3-0				
		Approved Elective		3-3-0				
		Approved Elective		3-3-0				
	Approved Elective	Senior Standing	3-3-0					

**Total Hours for Degree 120**

Approved Electives (300+): (student must complete 21 hours)

- AHSC 312 (3), 315 (3), 324 (3), 340 (3), 404 (3), 425 (3), 426 (1)
- COMD 350 (3)
- DIET 330 (3)
- HPED 320 (3), 340 (3), 375 (3), 412 (3)
- MNGT 301 (3), MKTG 300 (3)
- NURS 307 (3), 315 (3), 352 (3)
- PSYC 301 (3), 305 (3), 309 (3), 313 (3)
- SPAN 335 (3), 336 (3)
- SOCI 325 (3), 387 (3)

Concentration Electives: (7 hours required)

- AHSC 220 (3), 221 (3)
- ATTR 250 (2)
- BIOL 205 (3)
- DIET 111 (3), 113 (2)
- HPED 141 (3), 240 (3), 246 (3)
- PSYC 204 (3), 208 (3), 211 (3), 212 (3)
- SOCI 151 (3), 204 (3)