Essence of Black Celebration Committee and

Nicholls State University's National Pan-Hellenic Council

STROLL-OFF COMPETITION 2025

Nicholls' NPHC Stroll-Off Competition will showcase teams demonstrating their agility, creativity and understanding of rhythm and dance as they show precision, synchronization, originality, and showmanship.

The competition will take place on **Friday, February 7th at 4:00 p.m.** in the Ellender Memorial Library's Lawn at the Nicholls State University in Thibodaux, LA.

This packet contains:

- prize information
- judging criteria
- competition rules and regulations
- participant agreement

The Essence of Black Celebration committee strongly encourages you to participate in this exciting event. The theme of this year's NPHC Stroll Competition is "New School Goes Old School." Teams should create strolls using old school music from the 90's or before.

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TEAM ELIGIBILITY

1. Each team must be all female or all male.
2. Each participant must be a member of a greek-letter organization.
3. Must register and pay a $25 entry fee by **Wednesday, January 15, 2025. Registration can be found https://www.nicholls.edu/greek/stroll-off/**

Overview of Stroll Off:

PRIZE MONEY:

1st Place: $350 and Trophy

2nd Place: $150 and Plaque

3rd Place: Certificate

REGISTRATION FEE

Registration for the 2024 Nicholls State University Stroll Off will be a $25 non-refundable fee. The registration fee will be collected via **CHECK** made payable to **"Nicholls State University".** The memo section of the check should include: **[Org Symbol]-[Chapter Symbol]- Stroll Off Registration Fee** (ex: [ΒΔΓ]-[ΘΗ]-Registration Fee)

COMPETITION RULES AND REGULATIONS

1. All stroll teams must have a uniform or dress that is tasteful and good for their organizations.
2. Stroll teams can have a maximum of 10 participants.
3. All music is to be free from explicit, profane, and vulgar lyrics. All song choices must be the clean version of the song (no explicit language). Please be prepared to provide your music on a flash drive and CD backup on **February 7, 2025**.
4. Email your fully mixed music for review no later than **January 27, 2025** to greeklife@nicholls.edu. Failure to submit the clean version of your song choices will automatically disqualify you from participation in the stroll competition.
5. A maximum of 12 stroll teams will be allowed to register for the competition. Registration must be received by **January 15, 2025**. Registration is first come, first serve.

6. Stroll teams assume all risk in their performance of all activities authorized by this agreement and are responsible for all actions that may cause harm or injury to persons or property.
7. Any stroll team that does not comply with the rules and regulations will receive a deduction from their overall score or disqualification.
8. Profane or vulgar gestures and movements during the show will lead to an immediate disqualification. Nicholls State University's Coordinator of Greek Life and their NPHC Advisor, reserves the right to disqualify teams with inappropriate uniforms, routines including vulgar language, or for any other reason it deems necessary.
9. If a team member is found to be grossly unsportsmanlike—such as causing a disruption to the show— the team will be disqualified. Any profanity, nudity or unnecessary disrespect shown to any person, organization or university (on or off stage) may result in disqualification. This will be at the discretion of the judges, and Nicholls State University's Coordinator of Greek Life and their NPHC Advisor.

JUDGING CRITERIA

All performances will be judged on the following criteria:

- Overall Presentation (**10 points**)
- Show's Theme (**10 points**)
- Precision (**10 points**) ,
- Difficulty (**10 points**)
- Uniform/Appearance (**10 points**)
- Synchronization (**10 points**)
- Crowd Participation (**10 points**)

Total 70 points

All judges' scores will be averaged (**number of total points/number of judges**) to calculate the team's overall score. The maximum score any team may receive from one judge is **70 points**.

Round 1: Hype/Party Round

Get the crowd excited with a party routine.

● Your entire routine cannot exceed 5 minutes, including any introduction and exit. One point will be deducted for every minute that exceeds the allotted 5 minutes

Round 2: Signature Stroll

Showcase a stroll or strolls unique and specific to your organization, or chapter. Slow or uptempo.

● Entire routine cannot exceed three (3) minutes. **One point will be deducted for every minute that exceeds the allotted 3 minutes.**

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PARTICIPANT AGREEMENT WITH

Nicholls State University's National Pan-Hellenic Council (hereinafter "NPHC") and _____ (hereinafter "participant")

NPHC agrees to provide:

1. a suitable venue for the stroll competition.

Participant agrees:

1. To adhere to the "Rules and Regulations" as stated in the stroll information packet.
2. To perform in the stroll competition according to the stroll competition Judging Criteria as stated in the stroll information packet.
3. To arrive at the performance location by 3:30 p.m. on the day of the competition.
4. To complete this agreement and registration form by **Wednesday, Jan. 15, 2025**.
5. To assume all risk in performing all activities authorized by this agreement.
6. To be responsible for all actions, including those that may cause harm or injury to persons or property.
7. Each member of your stroll competition team must complete this agreement. Failure to do so may result in disqualification.

I agree to follow each of the above guidelines.

_____ _____

Participant Name Participant Birth Date

_____

Participant Signature

IF YOU ARE UNABLE TO REGISTER YOUR TEAM ONLINE, PLEASE FILL OUT AND MAIL THIS FORM:

OFFICE OF GREEK LIFE
P.O. BOX 2007
THIBODAUX, LA. 70310

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ORGANIZATION NAME:
CHAPTER/STROLL TEAM NAME:
CONTACT PERSON:
CONTACT PERSON EMAIL:
CONTACT PERSON CELL PHONE:
TEAM TYPE: ___ GRADUATE ___ UNDERGRADUATE/COLLEGIATE ___ MIXED

PLEASE LIST NAMES OF TEAM MEMBERS BELOW

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

IF YOU ARE UNABLE TO REGISTER YOUR TEAM ONLINE, PLEASE FILL OUT AND MAIL THIS FORM:

OFFICE OF GREEK LIFE
P.O. BOX 2007
THIBODAUX, LA. 70310

QUESTIONS:

Please contact Amanda Fremin (985.448.4022) or Kristie Goulas (985.448.4508), Interim Greek Coordinators