



Academic Advising Sheet:
BACHELOR OF SCIENCE DEGREE IN
DIETETICS (DIET)

2026-2027 Catalog

Name:

ID#:

Classification:

F R E S H M A N Y E A R	Fall Semester (16 hrs)		Prerequisite Information	Hours	Grade	Course Sub / Suggested	Justification
	BIOL 105 Basic Biology			3-3-0			
	*SOCI 151 Intro Sociology			3-3-0			
	UNIV 101 University Prep			1-0-3			
	*ENGL 101 English Composition I		ACT 18 or higher	3-3-0			
	*MATH 101 College Algebra		ACT 19 or higher	3-3-0			
	Fine Arts Elective			3-3-0			
	Spring Semester (16 hrs)						
	BIOL 114 Human Anatomy & Physiology I			3-3-0			
	BIOL 115 Human Anatomy & Physiology Lab I			1-0-3			
	*ENGL 102 English Composition II		ENGL 101	3-3-0			
	*MATH 117 Contemporary Math or MATH 214 Intro Statistics		MATH 101	3-3-0			
	*SPCH 101 Fundamentals of Public Speaking			3-3-0			
	*PSYC Elective		ENGL 101	3-3-0			

S O P H O M O R E Y E A R	Fall Semester (16 hrs)		Prerequisite Information	Hours	Grade	Course Sub / Suggested	Justification
	*CHEM 109 General, Organic, and Biological Chemistry			3-3-0			
	*BIOL 116 Human Anatomy & Physiology II		BIOL 114	3-3-0			
	*BIOL 117 Human Anatomy & Physiology Lab II			1-0-3			
	*DIET 164 Introductory Food Science			3-2-3			
	*DIET 202 Introduction to Human Nutrition and Metabolism		15 hrs. of non-remedial coursework; ENGL 101 and MATH 101 or higher.	3-3-0			
	Humanities Elective			3-3-0			
	Spring Semester (15 hrs)						
	CHEM 208 Biochemistry for Health Sciences		CHEM 105 or 109	3-3-0			
	DIET 264 Food Science		C or better DIET 164	3-2-3			
	ACCT 205 Intro to Financial Accounting		MATH 101	3-3-0			
	BIOL 205 Microbiology		BIOL 114	3-3-0			
	*DIET 100 Orientation to Dietetics Profession			3-3-0			



Name: _____ ID#: _____ Classification: _____

J U N I O R Y E A R	Fall Semester (15 hrs)		<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Course Sub / Suggested</u>	<u>Justification</u>
	DIET 300 Nutrition Education and Counseling		DIET 201; DPD Coordinator Permission	3-3-0			
	DIET 305 Nutrition Through the Life Cycle		DIET 200	3-3-0			
	DIET 316 Organization and Management			3-3-0			
	DIET 411 Advanced Nutrition I Macronutrients		DIET 305; BIOL 116; DPD Coordinator Permission	3-3-0			
	ENGL 366 or 368 or 468 Intensive Writing		ENGL 102; Junior Standing	3-3-0			
	Spring Semester (15 hrs)						
	DIET 301 Institutional Planning & Purchasing			3-3-0			
	DIET 330 Health Beliefs and Practices in a Diverse Society		Junior standing	3-3-0			
	DIET 395 Nutrition Assessment		DIET 300	3-3-0			
	DIET 412 Advanced Nutrition II Micronutrients		DIET 411; CHEM 208; For DIET majors only	3-3-0			
	PSYC 208 Statistics		Non-remedial MATH	3-3-0			

S E N I O R Y E A R	Fall Semester (14 hrs)		<u>Prerequisite Information</u>	<u>Hours</u>	<u>Grade</u>	<u>Course Sub / Suggested</u>	<u>Justification</u>
	DIET 404 Quantity Food Production		DIET 301, 316	3-2-3			
	DIET 416 Medical Nutrition Therapy I		DIET 395, 411, 412; CHEM 208	3-3-0			
	DIET 403 Research in Dietetics		Senior standing in Dietetics	3-3-0			
	DIET 459 Senior Seminar		Senior standing in Dietetics	2-2-0			
	MKTG or MGMT Elective (300+)			3-3-0			
	Spring Semester (13 hrs)						
	DIET 418 Medical Nutrition Therapy II		DIET 416	3-3-0			
	DIET 419 Medical Nutrition Therapy II Lab		Registration in DIET 418	1-0-3			
	DIET 390 Community Nutrition		DIET 202, 300; DPD Coordinator Permission	3-3-0			
	Humanities Elective (GER)			3-3-0			
	Free Elective			3-3-0			

ALL CLASSES REQUIRE A "C" OR BETTER FOR CREDIT TOWARDS GRADUATION

Admission to Dietetics Program

- Students will submit applications in the Spring Sophomore semester while enrolled in DIET 100
- Students must complete DIET 202 with B or higher for program acceptance

*Notes prerequisite courses for the Dietetics Program

Dietetics Advisor: Dr. Allison Gaubert - DPD Program Coordinator - Email: allison.gaubert@nicholls.edu

Humanities Information

- No more than 6 credit hours in one discipline
- SPCH 101 is a **required** Humanities course for Dietetics
- MACO 101 and CULA 101 are suggested for the remaining 6 credit hours